**O1** Assoication News



### **02** Programmes and Workshops

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#### 8 May

#### A new set of CHOA Emojis

In order to bring more happiness into everyone's busy lives, CHO has specially created a new set of emojis to increase communication and interaction between people, to care and support each other, and to share love and positivity.

#### **Download Here:**



#### 5 April

#### 開心校園 x 黑暗中對話 Wellness in the Dark工作坊

我們很榮幸得到黑暗中對話 Dialogue in the Dark 的支持,為第一屆「開心校園獎勵計劃」的得獎學校帶來了黑暗中對話 Wellness in the Dark工作坊。在約2小時工作坊中,參加者透過黑暗中的對話,釋放壓力,靜下心來認識自己的內心世界。









27 June
CHO Forum Series:
Future of Happiness at the Workplace

The CHO Forum Series: Future of Happiness at the Workplace was successfully held on 27th June. It was an exceptional event brimming with insightful presentations, valuable networking opportunities, and heart-warming laughter.





#### 30 May 2nd Chief Happiness Officer (CHO) Introductory Course

The Chief Happiness Officer Association has collaborated with the School of Business at Hang Seng University of Hong Kong to offer the "2nd Chief Happiness Officer Introductory Course". In just three days, with a total of 18 class hours, participants will be guided by tutors from the university and the association to become a Chief Happiness Officer!





O2 Programmes and Workshops

10 June
CHOA Student Members Orientation Day x
HKPC Inno Space Guided Tour



IWe were honored to have Mr. Anthony Cheng, Manager of HKPC Inno Space and Mr. Samuel from HKPC, to guide the Inno Space tour. The event brought together students and youth interested in exploring the future of happiness culture at the workplace and discovering how to turn innovative ideas into reality.

The event featured a welcoming speech by CHOA Founder & Executive Chairman Ms. Mary Suen, an introduction to the Chief Happiness Officer Association, and a presentation on HKPC Inno Space's services, membership, and startup support. Attendees also learned about the Student Membership Program and participated in interactive mini design-thinking sessions.





### 03 External Events

#### 3 April

#### 參與大灣區女企業家總會與九龍婦女聯會交流活動

協會創始人兼執行主席孫美妮女士作為大灣區女企業家總會婦女委員會副主席,參與探訪九龍婦女聯會與多位婦女 領袖,探討多個社會服務議題。









#### 15 April Huawei X HKPC Job Fair 2022

Ms. Mary Suen, the founder and executive chairman of our association, was invited to be a guest speaker at the Huawei X HKPC Job Fair 2022. She shared with the young talents present at the event about the new trend of Chief Happiness Officer culture in the future workplace, and talked about the importance of "Purpose" in career planning, and how to explore clues to ideal goals from one's own values.

For more information, visit our website at https://choassociation.org/

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### 03 External Events

#### 5 May

#### **Catalysing Change Week**

Ms. Mary Suen, has been invited to speak at Catalysing Change Week! The theme is "Embrace Inclusion for The Future of Work," and Ms. Suen shared her insights on how corporate culture transformation aligns with the trends of the future of work.





#### 6 May

#### 第55屆傑出銷售專業大獎2023

孫美妮女士受邀擔任 HKMA - The Hong Kong Management Association第55屆傑出銷售專業大獎 2023面試日評審之一,為評選出優秀的銷售專業人才提供重要的指導和交流。





#### May

#### 拜訪開心校園 - 佛教沈香林紀念中學

協會代表拜訪佛教沈香林紀念中學,了解校園推動校園快樂文化的實踐,透過各式各樣的活動與 設施讓新世代在愉快的環境中健康成長!





#### May

#### 參觀2022十大最快樂企業得獎企業 - Esquel Group的桂林十如生產園區

協會獲溢達集團的邀請前往桂林 - 十如生產園區進行參觀和十數位來自香港及內地大學教授在 ESG範疇進行互動交流,有幸邀請到協會榮譽主席吳克儉先生參與其中。







For more information, visit our website at https://choassociation.org/ **(**C) 6263 6263



### **03** External Events

#### **22 May**

#### Hong Kong Productivity Council Internal Training Section

Ms. Mary Suen, was invited to speak to the internal staff of Hong Kong Productivity Council about Happiness at Work. Mary's talk emphasized the importance of employee happiness and well-being in the workplace, and provided practical tips and strategies on how to create a positive and healthy work environment





#### 27 May

#### 新城知訊台「人仔細細」電台節目訪問

孫美妮女士與協會榮譽顧問、ABC Pathways Group創辦人Bally於新城知訊台向各位家長分享開心校園的辦學理念。





### 15 June HSUHK JUNZI CORPORATION Award

Ms. Mary Suen has been invited to serve as a judge and award presenter for the HSUHK JUNZI CORPORATION award at the Hang Seng University in Hong Kong for two consecutive years.









#### 19 June

#### 商業電台《有誰共鳴》節目訪問

孫美妮女士於商業電台《有誰共鳴》電台節目分享協會成立的初衷,以及分享快樂因子的傳承。

歡迎收聽 節目重溫



For more information, visit our website at https://choassociation.org/

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**O4** Upcoming Events



14-15 September Sustainable Business Forum & Solutions Expo



CHOA as a supporting organization of the event, we recommend The two-day conference and expo which will demonstrate the business case for a just and sustainable transition, supported by real solutions that will accelerate Hong Kong towards a more sustainable and resilient future.

20 July
CHO Appreciation Award 2023
Application Deadline

#### 詳情及報名











CHO Review x DFI Retail Group













**CHO Review x Bupa** 







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